



V.I.P. ONE DAY CAMP

THE ULTIMATE LEADERSHIP CAMP

PRESENTED BY ARIC BOSTICK

The *VIP - One Day Camp* is a Success and Leadership Camp designed specifically for students in grades 6th through 12th. This program focuses on developing student character through fundamental leadership principles. This high energy camp concentrates on motivating students from the inside out. My goal is to help students create a clear **Vision** for what they want out of life, a strong belief in their **Identity** as a leader and what they stand for, and most importantly a compelling **Purpose** behind what they want to achieve. The *VIP- One Day Camp* walks each student through my VIP Success Guide - Ten Steps to Living My Dreams Workbook. The program also brings students together in a team setting for fun character building team games. These games teach the students how to connect with others, believe in themselves and how to overcome fears and failures so that they can succeed in any situation or circumstance. The combination of outstanding motivational speaking and cutting edge team building games and activities make this camp a must for any school group wanting to take their student leaders to the next level of success and leadership. Each student will leave camp as a *VIP* and with the belief that they are a Very Important Part of leading their school and community towards success.

The VIP – Success Guide - 10 Steps to Living Your Dreams Workbook teaches the following success principles:

1. **Create a Vision** – Students create a powerful vision for their life by identifying the Career, College, Health, and Relationships they want have in life
2. **Goal Setting** – Students will learn how to set clear, specific and definable goals.
3. **Take Action** - Students will determine the necessary action steps they must take on a daily basis to achieve their goals.
4. **Attitude is Everything** – Students identify their limiting attitudes and create new ones and identify the rewards that come with having an Outstanding Attitude.
5. **Make the Choice** – Students will discover the Power of Choice and decide what choices they must make in order to be happy and successful.
6. **Reprogram Yourself** – Students begin creating a New and Improved Identity. They will write new empowering statements of being for themselves to say each day.
7. **Letting Go of Fear**– Students identify their respective fears and worries so they can begin the process of overcoming what holds them back.

8. **Consequences** – Students write down the specific consequences they may face in life if they don't overcome these fears, change their attitudes, or get over their limiting beliefs and behaviors.
9. **Gratitude is the Cure** – Students learn that an Attitude of Gratitude can change how they feel. They learn they don't need any drug or unhealthy behavior of any kind to change how they feel for the better.
10. **Live a Life of Service** – Students learn that acts of service can help them feel good about themselves and get their mind off their own challenges in life and on to something positive.

Camp Schedule

8:30 a.m. – Meet and Greet

9:00 a.m. – Let's Get Started! - Overview – Camp Goals/Objectives – Stand up – Yes! – Celebration Stretch – Sticks of Fire – Wake up!

9:30 a.m. – Power of **Vision** Presentation

10:00 a.m. – Create Teams - Team Building – “Life Goes Round and Round” Rope Activity, “We are All The Same Game,” “Life has it's Up's and Down's” Rope Activity, “If You Can Dream it You Can Have It” Rope -Vision Exercise.

10:45 a.m. – Workbook Exercise - Create a Vision – Dream Collage – Students Share aloud their Vision for Career, College, Health, and Relationships

11:20 a.m. – “It's All in Your Head and Hands” - Goal Setting Game

11:40 a.m. – Workbook Exercise – Goal Setting/Take Action – Students Set Specific Goals and Actions they will take to turn their Vision in to a Reality!

11:55 a.m. - DVD – Clip – One Team's **Vision** becoming a Dream Come True!

12:00 a.m. – Lunch

12:30 p.m. – **Identity** Presentation: Attitude/ Choices/ Reprogramming

12:55 p.m. – “If you really knew me – you would know that...” Team Building Activity

1:15 p.m. - “We are in it Together” Team Building Activity

1:45 p.m. – Workbook - Attitude is Everything, Make the Choice, Reprogram Yourself

1:55 p.m. – **Purpose** Presentation: – “One Person Can Make a Difference!”

2:10 p.m. – “Trust Falls” - Team Building Activity

2:30 p.m. – Campus/Community Action Improvement Planning - 4 Step Process – Students will Set 3 Major Campus/Community Improvement Goals – List 3 Actions to Achieve those Goals – Identify 3 Resources to help them achieve their goals and Set 3 Deadlines for commitment to achieving their goals. Share with the group.

2:50 p.m. – *Remember the Titans* – Inspirational - Video Clip

3:00 p.m. – “Ain’t Know Mountain High Enough” Celebration and Send off!

Fee Structure for VIP One Day Camp

Package includes:

- VIP Success Guide – 10 Steps to Living your Dreams Workbook (for each participant- up to 300)
- Character Building Presentations, Games and Activities that coincide with the VIP Success Guide
- Includes all travel expenses – airfare, hotel, rental car, and meals

Cost:

- \$4500 – Includes workbooks, speakers, and games/activities
 - \$5500 – Includes above, as well as t-shirts for all kids
 - \$6000 – Includes above, as well as t-shirts and certificates
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