



V.ital I.nformation for all P.arents

Five ways to create an Extraordinary Relationship with your Child!

1. Make your child feel important
 - a. Make eye contact when child is talking to you
 - b. Position your body where they are on your level
 - c. Thoughtfully listen and comment on what they are saying (ask questions)

2. Take a genuine interest in one thing they love
 - a. Support their interests
 - b. Make time to share in what they are interested in

3. Celebrate the positive
 - a. Compliment their best assets
 - b. No compliment too small

4. Resist comparisons
 - a. No sibling or peer comparisons
 - b. Each child blossoms at their own pace

5. Let them feel their feelings
 - a. Allow child to feel disappointment, sadness, anger
 - b. Acknowledge the feeling and help them work through them in a positive way